# Sports Coaching and Development (Multi Sport Coaching)

Fife College

## Venues

Dunfermline City Campus

## Content

The course prepares you for a wide range of roles in the sports sector, with core units in Coaching Theory, Sports Development, Professional Practice, and Anatomy and Physiology. You will complete the industry-recognised PDA in Sports Coaching, certified by Sportscotland and CIMSPA & build a coaching and sports development portfolio through self-arranged placements, supported by our strong links with Active Schools, Fife Sport and Leisure Trust, Active Fife, national governing bodies of sport, local clubs and schools.

Subjects Include:
PDA Sports Coaching Practitioner: Knowing Self, Knowing Others, Knowing Coaching; Sports Development; Sports Coaching and Development: Developing professional practice; Human Anatomy, Physiology and Biomechanics; Strength and Conditioning; Psychology of Sport and Exercise; Personal Development Planning; Graded Unit - allows the candidate to explore a topic that is of particular relevance to their own Future career aspirations.

## Start Date

August

## Qualification

HNC

## Study Method

Full time

## Course Length

1 year

## Department

Sport and Fitness

## Entry Requirements

2 Highers; English or Physical Education preferred; or relevant national qualifications at SCQF Level 6; interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

## SCQF Level

7

## SCQF Points

«SCQFPoints»

## Progression Routes

HND Coaching and Development of Sport

## Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

## Address

Calaiswood Crescent
Dunfermline
KY11 8SJ

## Website

www.fife.ac.uk