

Sports Coaching and Development (Multi Sport Coaching)

Fife College

Venues

Dunfermline City Campus

Content

The course prepares you for a wide range of roles in the sports sector, with core units in Coaching Theory, Sports Development, Professional Practice, and Anatomy and Physiology. You will complete the industry-recognised PDA in Sports Coaching, certified by Sportscotland and CIMSPA & build a coaching and sports development portfolio through self-arranged placements, supported by our strong links with Active Schools, Fife Sport and Leisure Trust, Active Fife, national governing bodies of sport, local clubs and schools.

Subjects Include:

PDA Sports Coaching Practitioner: Knowing Self, Knowing Others, Knowing Coaching; Sports Development; Sports Coaching and Development: Developing professional practice; Human Anatomy, Physiology and Biomechanics; Strength and Conditioning; Psychology of Sport and Exercise; Personal Development Planning; Graded Unit - allows the candidate to explore a topic that is of particular relevance to their own Future career aspirations.

Start Date

August

Qualification

HNC

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

2 Highers; English or Physical Education preferred; or relevant national qualifications at SCQF Level 6; interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

7

SCQF Points

«SCQFPoints»

Progression Routes

HND Coaching and Development of Sport

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

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Website

www.fife.ac.uk