

Sports Coaching and Development (Multi Sport Coaching)

Fife College

Venues

Kirkcaldy (St Brycedale) Campus

Content

The course is designed to support those who wish to pursue a career within sports coaching and sports development. At the same time, many of the skills achieved will allow you to make other career decisions and follow different pathways within sport or other related industries. As well as participating in the course, you will be involved in practical work with various groups/clubs in the community.

Subjects Include:

Sports coaching theory and practice; Conduct and ethics for sport and fitness practitioners; Anatomy, physiology and energy systems; Coaching of sports: an introduction; Work experience; Coaching children; Research in sport and fitness: an introduction; Coaching and development sport: graded unit 1.

Start Date

August

Qualification

HNC

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

2 Highers; English, Physical Education or a science subject preferred plus National 5 English (if not held at Higher); or relevant national qualifications at SCQF Level 6; interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

7

SCQF Points

«SCQFPoints»

Progression Routes

HND Coaching and Development of Sport

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

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Website

www.fife.ac.uk