

Counselling: An Introduction to Counselling Skills

Fife College

Venues

Dunfermline (Halbeath) Campus
Glenrothes (Stenton) Campus
Kirkcaldy (St Brycedale) Campus

Content

This course gives you the chance to find out what counselling is all about and to practice basic counselling skills.

It provides a good foundation for any career working with people, and focuses on the theories, the process and techniques of counselling.

You will study: Identification of various counselling “schools” and the main focus of their theories;
Application of appropriate counselling in relation to client needs; Boundary issues; Counselling process;
Extension of basic skills; Application of concepts to self and own experience to demonstrate personal

Start Date

August

Qualification

HNC

Study Method

Part time (evening)
Part time (weekend)

Course Length

1 year

Department

Social Sciences

Entry Requirements

No formal entry requirements

SCQF Level

7

SCQF Points

«SCQFPoints»

Progression Routes

HNC: Counselling

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

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Website

www.fife.ac.uk