

## Complementary and Spa Therapies (Level 6)

City of Glasgow College

### Venues

City Campus

### Content

If you enjoy working with people and want to encourage them to take a positive approach to health and wellbeing, this could be the course for you. The course develops the skills involved in holistic and complementary therapies, including body and facial massage, healthy eating and wellbeing and techniques for managing stress. Through professional skills practice sessions, you'll gain experience and confidence working with clients.

In recent years interest in holistic therapies has increased considerably; this is expected to continue, providing employment opportunities to meet the demand from those seeking alternative ways to reduce stress and enhance feelings of general well-being.

The course is delivered by our dedicated highly skilled lecturing team, who have experience within the holistic and complementary therapies profession.

You'll be able to participate in volunteering opportunities throughout the year, offering treatments in a variety of settings. The course also provides you with the qualifications you need for professional membership and insurance.

### Start Date

August

### Qualification

NQ

### Study Method

Full time

### Course Length

1 year

### Department

Beauty and Complementary Therapies

### Entry Requirements

4 subjects at National 5; or relevant national qualifications at SCQF Level 5. Entry subject to interview.

## SCQF Level

6

## SCQF Points

«SCQFPoints»

## Progression Routes

HND Complementary Therapies (SCQF Level 8), HND Beauty Therapy (SCQF Level 8).

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

City Campus  
190 Cathedral Street  
Glasgow  
G4 0RF

## Website

[www.cityofglasgowcollege.ac.uk](http://www.cityofglasgowcollege.ac.uk)