

Counselling Theory for Practice

New College Lanarkshire

Venues

Motherwell Campus

Content

This course is ideal if you have already completed the Introduction to Counselling course to build upon the skills acquired, or if you are working as a voluntary counsellor and wish to have a greater understanding of the underpinning theories of counselling. You briefly look at the work of a number of different theorists from the three main approaches to counselling as it is practised in Britain today. During the course you are expected to maintain a journal and take part in class exercise, role-plays and discussion groups.

This unit will incorporate further knowledge and understanding of the Introduction to counselling unit previous undertaken and introduce TRIADS which are used as a practical exercise during counselling sessions.

Students will commence/continue with weekly diary entries which will be regularly reviewed by the lecturer over the 18 weeks delivery of the unit.

Start Date

January

Qualification

Other

Study Method

Full time

Course Length

6 months

Department

Health Care and Social Services

Entry Requirements

No formal qualifications required, however you will be expected to have completed the Introduction to Counselling unit and/or have experience of work in a counselling setting, paid or voluntary.

SCQF Level

Progression Routes

HNC Counselling

Address

Town Centre
Cumbernauld
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Website

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