

Counselling: An Introduction

Forth Valley College

Venues

Falkirk Campus

Content

This Unit has been designed for learners who have no previous experience of counselling and it will introduce learners to the purpose and basic concepts and processes of counselling including reflective practice. This is an introductory unit it provides underpinning and basic knowledge of the subject, it does not in any way permit those who have achieved it to refer to themselves as qualified counsellors.

Learners will investigate the aims and purpose of counselling and develop an understanding about the counselling process.

Learners will participate in practical activities where they will learn to counsel a client and they will reflect on their own counselling skills.

Start Date

September

Qualification

Other

Study Method

Part time (evening)

Course Length

12 weeks

Department

Care

Entry Requirements

No formal entry requirements

Cost

£115.00

Progression Routes

Introduction to Psychology (evening); Higher Psychology (Evening)

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Website

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