Strachan Football Personal Development Course (Level 4)

Edinburgh College

Venues

Granton Campus

Content

Strachan Personal Development is a unique course that provides an excellent opportunity for 16-19-year-olds with a passion for football. This course will develop your footballing skills, explore your personal fitness potential as well as increase your qualifications and employment prospects. This course can lead to a rewarding career in coaching, youth work, and sports facility management and maintenance.

This course is delivered in partnership with the Spartans Community Football Academy and Edinburgh College. You will have the opportunity to play in the Scottish Student Sports leagues and cup competitions as well as experience coaching workshops and masterclasses delivered by nationally recognised football coaches and practitioners. This is a one-year course and, upon completion, and upon completion, you will be better placed to progress on to other appropriate courses of study.

Content:

You will study subject areas that will help you understand how the body works and adapts to sport and exercise and how to work effectively and safely as a team. There will be focus and support on improving:

Written and communication skills; Social skills; Sporting performance, tactical awareness; Scottish FA 1.1 Introduction to Coaching; Leadership skills; Nutrition; Human Anatomy; and, The Positive Impact of Sport and Physical Activity on the Individual and the Community.

Start Date

August

Qualification

Other

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

No formal entry requirements. Entry is dependant on passing a football trial.

SCQF Level

4

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

Address

«Address»

Website

www.edinburghcollege.ac.uk