

Soft Tissue Therapy

North East Scotland College

Venues

Fraserburgh Campus

Content

During this course you will develop the range of knowledge and skills necessary to work as a Soft Tissue Therapist and gain an industry-recognised qualification. The course also prepares those who wish to progress on to an HND in Sport Therapy, a degree in Sport Therapy or another higher education award in a related field.

You will study:

Sports Therapy: Anatomy and Physiology; Functional Anatomy; Basic Objective and Subjective Assessment; Clinical Sports Massage; Sports Massage for Events and Special Populations; Pathology and Aetiology of Sports Injury; Prevention and Management of Sports Injury; Sports Therapy: Professional Standards; Clinical and Team Experience 1; Sports Therapy: Graded Unit 1; First Aid for Sport and Fitness; Sports Therapy: Exercise Principles and Testing; Flexibility Training; Nutrition for Fitness, Health and Exercise.

Start Date

August

Qualification

HNC

Study Method

Full time

Course Length

1 year

Department

Sport, Fitness and Uniformed Services

Entry Requirements

2 relevant Highers; or relevant national qualifications at SCQF Level 6

SCQF Level

7

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

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