

Adventure Performance and Coaching

West Highland College UHI

Venues

Fort William Campus
Virtual Learning Environment (VLE)

Content

BA (Hons) Adventure Performance and Coaching brings a unique focus on sports science to the domain of adventure coaching. You will combine the skills and knowledge of the applied sports scientist with those of a modern adventure professional in ever-changing outdoor environments, preparing you to coach and guide the next generation of adventure athletes and participants who demand greater outcomes in their adventure sport.

Be part of a rapidly evolving sector, where the demand for healthy active lifestyles has brought about a drive for greater achievements in adventure sports and for the life-enhancing benefits of participation. With over 21 Olympic adventure sports disciplines, adventure sports performance and competition is a global phenomenon, and participants are demanding higher outcomes in their chosen areas, informed by expert coaches and leaders.

This programme will provide you with an in-depth knowledge and understanding of the key elements of sports science, while teaching you to apply them to the outdoor and adventure environment – all underpinned by a growing and deepening understanding of the meaning of 'adventure'.

Start Date

September

Qualification

Degree

Study Method

Part time (day)

Award Title

BSc Hons

Course Length

8 years

Department

Business, Leisure and Tourism

Entry Requirements

3 Highers at C or above including Physical Education or a science subject. You will also be expected to be able to demonstrate an interest in, and a commitment to practical outdoor activities, and preferably have an interest in a professional career in the outdoor sector. Personal practical outdoor experience is an advantage.

You would require a satisfactory PVG (Protecting Vulnerable Groups) check to show you are suitable for this type of course. Contact Disclosure Scotland for details.

SCQF Level

10

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Carmichael Way
Fort William
PH33 6FF

Website

www.whc.uhi.ac.uk