

## Coaching and Developing Sport

Glasgow Clyde College

### Venues

Cardonald Campus  
Langside Campus

### Content

This coaching and developing sport course will give you the underpinning knowledge and practical coaching skills you need to pursue a career in a sports-related field or to progress to Higher Education.

Sports Coaching Theory; Coaching Children; Anatomy and Physiology; Conduct and Ethics; First Aid; Work Experience; Sports Development; Research; Coaching of Sport: an introduction; Graded Unit 1; Strength and Conditioning; Inclusive Sport; Fitness Testing; Nutrition; Principles of Fitness; Psychology of Sports Coaching.

### Start Date

August

### Qualification

HNC

### Study Method

Full time

### Course Length

1 year

### Department

Sport and Fitness

### Entry Requirements

1 Higher including an English based subject or NQ Sport and Fitness (Level 6); or other relevant national qualifications at SCQF Level 6. Evidence of participation in a recognised sport or outdoor pursuit. Entry subject to interview and possibly a fitness test.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

### SCQF Level

7

## Progression Routes

HND Coaching and Developing Sport; 1st or 2nd year entry to Bsc Hons Sports Coaching, Sports Development or Sports and Development at University of the West of Scotland. Employment in the Sports Industry.

## Address

690 Mosspark Drive  
Glasgow  
Glasgow City  
G52 3AY

## Website

[www.glasgowclyde.ac.uk](http://www.glasgowclyde.ac.uk)