

## Introducing Care and Mental Health

New College Lanarkshire

### Venues

Coatbridge Campus

### Content

This course is an opportunity for individuals who have a genuine interest in Care and Mental Health to study at SCQF level 4.

The course will include a variety of units including Understanding Mental Health, Influences on Mental Health, Coping Strategies and Mental Health, Human Development, Social Influences, Families in a Modern Society, Care and Communication and Play/Art Therapy Benefits in Mental Health.

### Start Date

August

### Qualification

Other

### Study Method

Full time

### Course Length

1 year

### Department

Health Care and Social Services

### Entry Requirements

No formal entry requirements.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

### SCQF Level

4

### SCQF Points

«SCQFPoints»

## Progression Routes

The course is designed for progression to the Level 5 Health and Social Care qualification or for applicants to seek employment within the care sector following successful completion.

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Town Centre  
Cumbernauld  
North Lanarkshire  
G67 1HU

## Website

[www.nclanarkshire.ac.uk](http://www.nclanarkshire.ac.uk)