

Sports and Fitness (Level 5)

Ayrshire College

Venues

Ayr Campus
Kilmarnock Campus
Kilwinning Campus

Content

Course is your stepping stone to a dynamic career in the thriving sports and fitness industry. In just a few months, you may gain practical skills and theoretical knowledge that open doors to the sport and fitness industry including more advanced study routes and various employment roles.

Content includes:

fitness training; personal plans; nutrition; sports skills; and team building.

Start Date

August

Qualification

NC

Study Method

Full time

Course Length

17 weeks

Department

Sport and Fitness

Entry Requirements

2 subjects at National 5

SCQF Level

5

SCQF Points

«SCQFPoints»

Progression Routes

Relevant course at SCQF Levels 6 to 7 or employment.

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Dam Park
Ayr
KA8 0EU

Website

www1.ayrshire.ac.uk