

## Sports and Fitness (Level 5)

Ayrshire College

### Venues

Ayr Campus  
Kilmarnock Campus

### Content

This course gives you a good introduction to sport and fitness, with a particular focus on the fitness industry, its opportunities and what you'll need for a successful career in it.

You'll spend most of your time in our fitness suites and sports facilities, both indoor and outdoor. Motivation and participation is essential, and you'll work alongside your peers, gaining confidence and developing leadership skills.

### Start Date

August

### Qualification

NC

### Study Method

Full time

### Course Length

1 year

### Department

Sport and Fitness

### Entry Requirements

Relevant national qualifications at SCQF Level 4. Entry is subject to an interview.

### SCQF Level

5

### SCQF Points

«SCQFPoints»

## Progression Routes

Relevant course at SCQF Levels 6 to 7 or employment.

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Dam Park  
Ayr  
KA8 0EU

## Website

[www1.ayrshire.ac.uk](http://www1.ayrshire.ac.uk)