Step into Care (Level 4)

UHI Inverness

Venues

Inverness Campus

Content

This course is designed to build up your skills and confidence to move onto your chosen area of care practice. It is ideal if you have little formal qualifications, yet you are keen to develop your skills to work in a care setting.

You will cover a range of subjects such as:
Health Sector: Roles and Responsibilities; Health Sector: Health Awareness; Beauty Skills: An Introduction; Exploring and Improving Wellbeing; Care: Human Development and Behaviour; Care: Social Influences; Care: Investigating Services Assignment; People and Society: Comparing and Contrasting; Coping Strategies and Building Resilience; Influences on Mental Health and Wellbeing; Understanding Mental Health Issues; Practical Caring Skills; Studies Advisor; Care Practice Study Skills; Communication; Information and Communication Technology; Numeracy.

Start Date

September

Qualification

Other

Study Method

Full time

Course Length

1 year

Department

Health and Wellbeing

Entry Requirements

No formal entry requirements.

SCQF Level

4

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

Address

1 Inverness Campus
Inverness
Highland
IV2 5NA

Website

www.inverness.uhi.ac.uk