

## Health Psychology

University of Stirling

### Venues

Stirling Campus

### Content

Health Psychologists promote healthier lifestyles. They try to find ways to encourage people to improve their health and also to improve the healthcare system as a whole. For example, helping people to lose weight or stop smoking, or advising doctors on better ways to communicate with their patients.

You'll learn to use your knowledge of psychology to promote general wellbeing and understand physical illness. We will teach you the skills needed to help people deal with the psychological and emotional aspects of health and illness, and to support people who are chronically ill.

This MSc Health Psychology has a strong experiential focus and emphasises the application of health psychology to real world settings. The course includes contributions from healthcare practitioners. You will carry out a brief placement in a healthcare setting, which can include the NHS, third sector (charities) or industry, and you'll usually arrange this placement yourself with support from the course team.

This Masters in Health Psychology is designed to meet the British Psychological Society's requirements for Stage One training towards professional Health Psychologist status.

You can exit after stage 1 with PgCert Health Psychology.

You can exit after stage 2 with PgDip Health Psychology.

### Start Date

September

### Qualification

Postgraduate Master's

### Study Method

Full time

### Award Title

MSc

### Course Length

12 months

## Department

Health Sciences and Sport

## Entry Requirements

A minimum of a 2:1 Honours degree in Psychology or related subject or a Psychology (Conversion) degree with Merit.

A qualification recognised by British Psychological Society giving Graduate Basis for Chartered Membership is preferred.

Students accepted without a BPS-recognised qualification and intending to progress to BPS Stage Two training towards practitioner health psychologist status will be required to undertake an accredited Psychology conversion course following this programme.

## SCQF Level

11

## Progression Routes

«ProgressionRoutes»

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Stirling  
 Bridge Of Allan  
 Stirling District  
 FK9 4LA

## Website

www.stir.ac.uk