Access to Integrative Healthcare and Sports Therapy (Level 6)

UHI Moray

Venues

Main campus
Virtual Learning Environment (VLE)

Content

This course offers an introduction to Integrative Healthcare, a growing field where practitioners support individuals with a wide range of health needs—from musculoskeletal issues to mental health and overall wellbeing.

A variety of units will be studied, providing you with underpinning knowledge of many aspects of:

complementary therapies; soft tissue therapy; sports therapy; nutrition and wellbeing; academic and study skills; clinical skills, resilience, and self-awareness.

Start Date

August

Qualification

Other

Study Method

Full time

Course Length

1 year

Department

Sports, Adventure and Tourism

Entry Requirements

3 subjects at National 4; or relevant national qualifications at SCQF Level 4 or 5

SCQF Level

6

SCQF Points

«SCQFPoints»

Progression Routes

Relevant course at SCQF Level 7

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

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