

## Sports Therapy

University of the Highlands and Islands

### Venues

Inverness College UHI  
Moray College UHI  
Perth College UHI

### Content

The HND Sports Therapy builds on the HNC Soft Tissue Therapy and provides you with an industry recognised qualification, and the knowledge and skills necessary to work as a sports therapist. It also prepares you to progress onto a degree in sports therapy or another higher education award in a related field.

If you are interested in a career that involves working with people in the sports industry in the maintenance or improvement of their sporting performance and treating and rehabilitating injuries that affect their output, then this is the course for you.

Completion of this award may allow you to gain employment in sports clubs, either working independently or with a team of other professionals (such as physiotherapists, coaches, strength and conditioning specialists, or nutritionists). Additionally, you could seek work in single or multi-disciplinary clinics providing clinical sports massage treatments.

### Start Date

September

### Qualification

HND

### Study Method

Distance and Flexible learning  
Part time (day)

### UCAS Code

036C

### Course Length

4 years

### Department

Health and Wellbeing

## Entry Requirements

2 Highers; or relevant national qualifications at SCQF Level 6. HNC Soft Tissue Therapy may allow you entry to year 2.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

## SCQF Level

8

## Address

Information Line  
Executive Office  
12b Ness Walk  
Inverness  
IV3 5SQ

## Website

[www.uhi.ac.uk](http://www.uhi.ac.uk)