

## Soft Tissue Therapy

University of the Highlands and Islands (UHI)

### Venues

UHI Inverness  
UHI Perth  
Virtual Learning Environment (VLE)

### Content

The HNC Soft Tissue Therapy has been designed for those who want to perform hands-on treatments with people who participate in sport. The treatment could be designed to help an athlete optimise their performance, or help aid recovery from injury that has been diagnosed by an appropriate medical professional.

Achievement of the award will allow you to work with any athlete from recreational through to elite level performers. It will also allow you to work within a sports medicine team, beside other professionals, such as: sports medicine doctors; physiotherapists; general, strength and conditioning coaches and nutritionists; or independently in a clinic-type environment.

### Start Date

September

### Qualification

HNC

### Study Method

Part time (day)

### UCAS Code

161B

### Course Length

2 years

### Department

Sports, Adventure and Tourism

### Entry Requirements

2 Highers; preferably including English, Maths, Physical Education, a science subject or other relevant subject; or relevant national qualifications at SCQF Level 6. You will be invited for interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

## SCQF Level

7

## SCQF Points

«SCQFPoints»

## Progression Routes

You would also have the opportunity to progress to the second year of the HND Sports Therapy.

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

UHI House  
Old Perth Road  
Inverness  
IV2 3JH

## Website

[www.uhi.ac.uk](http://www.uhi.ac.uk)