

## Advanced Certificate: Sport and Fitness

Fife College

### Venues

Kirkcaldy (St Brycedale) Campus

### Content

This course will prepare you to access Higher National level courses or entry level employment within the sport and fitness industry.

The units are delivered mainly at Higher level and include both sport and fitness topics, thereby providing you with a pathway on to HNC: Coaching and Development of Sport or HNC: Fitness, Health and Exercise.

Through the academic year, you will have the opportunity to specialise in either fitness or coaching related units.

### Start Date

September

### Qualification

Other

### Study Method

Full time

### Course Length

1 year

### Department

Sport and Fitness

### Entry Requirements

5 subjects at National 5; or relevant national qualifications at SCQF Level 5. Interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

### SCQF Level

6

## Progression Routes

Relevant HNC

## Address

Pittsburgh Road  
Dunfermline  
KY11 8DY

## Website

[www.fife.ac.uk](http://www.fife.ac.uk)