Complementary Therapies

North East Scotland College

Venues

Aberdeen City Campus

Content

You will learn advanced aspects of Complementary Therapies and related industries, and how to work effectively with colleagues and clients.

You will develop critical and evaluative thinking, self-direction and reflective practices, whilst gaining practical skills in body, aromatherapy and Indian head massage and reflexology techniques whilst working with clients. Anatomy, physiology and health and safety are key theoretical subjects on the course.

You will learn in a realistic work environment, promoting personal health and wellbeing, which provides preparation for work placement and excellent salon experience for progression to employment.

Course includes:
Working on real clients; Consultation techniques to promote health and wellbeing; Practical skills in body and aromatherapy massage; Reflexology; Underpinning knowledge for complementary therapy, including health and safety, perspectives of health and professional practices; Work experience in a local clinic/ salon.

Start Date

August

Qualification

HNC

Study Method

Full time

Course Length

1 year

Department

Hair, Beauty and Complementary Therapies

Entry Requirements

2 Highers including English, Biology or Chemistry; or relevant national qualifications at SCQF Level 6.

SCQF Level

7

SCQF Points

«SCQFPoints»

Progression Routes

Employment may be secured in the NHS, private hospices, salons, voluntary organisations, clinics or in self-employment endeavours

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

Address

Gallowgate Centre
Gallowgate
Aberdeen
Aberdeen City
AB25 1BN

Website

www.nescol.ac.uk