

Sports Coaching and Development

Forth Valley College

Venues

Falkirk Campus

Content

This is a well established and popular course which has recently been updated to meet the demands of the sports coaching industry. It is designed to provide a foundation for anyone wishing to enter the field of sports coaching and sports development. In addition, this award will provide learners with the opportunity to gain national governing body coaching awards.

Year 1:

Sports Development 1; Human Anatomy, Physiology and Biomechanics in Sport; Sports Coaching and Development: Developing Professional Practice; Sports Coaching Practitioner: Knowing Yourself; Sports Coaching Practitioner: Knowing Others; Sports Coaching Practitioner: Knowing Coaching; Sports Coaching and Development: Graded Unit 1

Year 2:

Sports Development 2; Physical Preparation for Sports Performance; Sports Coaching Practitioner: Knowing Yourself 2; Sports Coaching Practitioner: Knowing Others 2; Sports Coaching Practitioner: Knowing Coaching 2; Sports Coaching and Development: Graded Unit 2

Start Date

August

Qualification

HND

Study Method

Full time

Course Length

2 years

Department

Sport

Entry Requirements

Higher English and Physical Education plus 3 subjects at National 5 including Maths or a science subject; or Pathway to Sports Coaching or Pathway to Fitness, Health and Exercise; or other relevant qualifications at SCQF Level 6. Interview and practical test. Current active involvement within sport and a strong interest in sports coaching.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

8

SCQF Points

«SCQFPoints»

Progression Routes

Year 3 of a related degree programme

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Grangemouth Road
Falkirk
FK2 9AD

Website

www.forthvalley.ac.uk