

# Sports Coaching and Development

Forth Valley College

## Venues

Falkirk Campus

## Content

This course is designed to provide a foundation for anyone wishing to enter the field of Sports Coaching and Development.

The course will prepare students for entry into employment within the Sports Coaching & Sports Development industry or onto higher study at university.

There is also a PDA (Professional Development Award) in Sports Coaching at SCQF Level 7, which is embedded into the HNC in Sports Coaching and Development course. This PDA is jointly certificated by SportScotland and the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA).

You will study:

Sports Development 1; Human Anatomy, Physiology & Biomechanics in Sport; Sports Coaching & Development: Developing Professional Practice; Sports Coaching Practitioner: Knowing Yourself; Sports Coaching Practitioner: Knowing Others; Sports Coaching Practitioner: Knowing Coaching; Sports Coaching and Development: Graded Unit 1; Coaching Children; Psychology of Sport and Exercise; First Aid for Sport & Fitness; Prevention & Rehabilitation of Sports Injuries.

## Start Date

August

## Qualification

HNC

## Study Method

Full time

## Course Length

1 year

## Department

Sport

## Entry Requirements

Higher English and Physical Education plus 3 subjects at National 5 including Maths or a science subject; or NQ Pathway to Sports Coaching; or other relevant qualifications at SCQF Level 6. Interview and practical test. Current active involvement within sport and a strong interest in sports coaching.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

## SCQF Level

7

## SCQF Points

«SCQFPoints»

## Progression Routes

Year 2 of a related degree programme

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Grangemouth Road  
Falkirk  
FK2 9AD

## Website

[www.forthvalley.ac.uk](http://www.forthvalley.ac.uk)