

## Adventure Performance and Coaching

UHI West Highland

### Venues

Fort William Campus  
Virtual Learning Environment (VLE)

### Content

BA (Hons) Adventure Performance and Coaching brings a unique focus on sports science to the domain of adventure coaching. You will combine the skills and knowledge of the applied sports scientist with those of a modern adventure professional in ever-changing outdoor environments, preparing you to coach and guide the next generation of adventure athletes and participants who demand greater outcomes in their adventure sport.

Be part of a rapidly evolving sector, where the demand for healthy active lifestyles has brought about a drive for greater achievements in adventure sports and for the life-enhancing benefits of participation. With over 21 Olympic adventure sports disciplines, adventure sports performance and competition is a global phenomenon, and participants are demanding higher outcomes in their chosen areas, informed by expert coaches and leaders.

This programme will provide you with an in-depth knowledge and understanding of the key elements of sports science, while teaching you to apply them to the outdoor and adventure environment – all underpinned by a growing and deepening understanding of the meaning of 'adventure'.

### Start Date

September

### Qualification

Degree

### Study Method

Full time

### Award Title

BSc Hons

### UCAS Code

N875

### Course Length

4 years

## Department

Adventure Studies

## Entry Requirements

3 Highers at C or above including Physical Education or a science subject. You will also be expected to be able to demonstrate an interest in, and a commitment to practical outdoor activities, and preferably have an interest in a professional career in the outdoor sector. Personal practical outdoor experience is an advantage.

You would require a satisfactory PVG (Protecting Vulnerable Groups) check to show you are suitable for this type of course. Contact Disclosure Scotland for details.

## SCQF Level

10

## SCQF Points

«SCQFPoints»

## Progression Routes

MSc Sustainable Mountain Development, MSc Psychology Conversion or MRes Exercise, Physiology, Training and Nutrition.

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Carmichael Way  
Fort William  
PH33 6FF

## Website

[www.whc.uhi.ac.uk](http://www.whc.uhi.ac.uk)