

Counselling

Ayrshire College

Venues

Ayr Campus

Content

This course focuses on the three main areas required to effectively counsel people in different circumstances - counselling theories, practical counselling skills and personal development

What you will learn:

You'll explore behavioural and cognitive counselling theory; How psychological or emotional difficulties are acquired and perpetuated; How to support changed thinking or behaviour; Humanistic counselling theory; Psychodynamic counselling theory; Group counselling skills; Counselling skills; Self-evaluation and awareness.

You'll also hear from a wide range of professional practitioners from local counselling and support services.

Start Date

August

Qualification

HNC

Study Method

Full time

Course Length

1 year

Department

Counselling

Entry Requirements

2 relevant Highers including English plus preferably National 5 Maths, or First Steps to Counselling and Mental Health (Level 6), or other relevant national qualifications at SCQF Level 6. Entry is subject to an interview and a satisfactory reference.

SCQF Level

7

SCQF Points

«SCQFPoints»

Progression Routes

Degree, postgraduate certificate or postgraduate diploma programme, or employment.

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Dam Park
Ayr
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Website

www1.ayrshire.ac.uk