

## Counselling

Ayrshire College

### Venues

Ayr Campus

### Content

This is a journey of personal and professional growth. You'll gain skills which are essential for starting a career in counselling but can also be used across other sectors. Active listening, empathy and non-judgmental approaches are useful in all aspects of life. More and more people need guidance and help, and this increase in demand means that there's no shortage of opportunities. Apply now to start a career which will make a lasting impact on others.

The course will cover key aspects of counselling:

counselling concepts and skills; behavioural and cognitive counselling theories; humanistic counselling theories; psychodynamic counselling theories; group counselling theories; self-evaluation; addictive behaviour and dependency; and, loss, grief and bereavement.

### Start Date

August

### Qualification

HNC

### Study Method

Full time

### Course Length

1 year

### Department

Health and Social Care

### Entry Requirements

2 relevant Highers including English plus preferably National 5 Maths, or Higher Health and Social Care (Level 6), or other relevant national qualifications at SCQF Level 6. Entry is subject to an interview.

### SCQF Level

7

## SCQF Points

«SCQFPoints»

## Progression Routes

Degree, postgraduate certificate or postgraduate diploma programme, or employment.

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Dam Park  
Ayr  
KA8 0EU

## Website

www1.ayrshire.ac.uk