

# Sports Coaching and Development

Ayrshire College

## Venues

Ayr Campus  
Kilmarnock Campus  
Kilwinning Campus

## Content

Unlock your potential in the sports, exercise, or leisure industry with this HNC Sports Coaching and Development course. Tailored for sports and fitness enthusiasts, this one-year program equips you with the knowledge and skills to confidently develop participant talent across a range of sports.

Content includes:

sports development; human anatomy, physiology and biomechanics in sport; developing professional practice; and sports coaching practitioner.

## Start Date

August

## Qualification

HNC

## Study Method

Full time

## Course Length

1 year

## Department

Sport and Fitness

## Entry Requirements

2 Highers, or Advanced Sports and Fitness (Level 6), or other relevant national qualifications at SCQF Level 6. A place on the course is subject to an interview process.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

## SCQF Level

7

## SCQF Points

«SCQFPoints»

## Progression Routes

HND Sports Coaching and Development

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Dam Park  
Ayr  
KA8 0EU

## Website

www1.ayrshire.ac.uk