

Coaching and Developing Sport

Ayrshire College

Venues

Kilmarnock Campus

Content

You'll spend a lot of your day in the coaching environment. However there's also a fair bit of theory and written elements, so be prepared to spend time in the classroom as well as self-study.

Subjects may include: Sports Coaching Theory and Practice; Sports Development; Coaching Children; Flexibility Training, Fitness Training and Testing, Strength and Conditioning; Inclusive Sports Provision; Psychology; Anatomy, Physiology and Energy Systems.

Start Date

August

Qualification

HNC

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

2 Highers, ideally including Physical Education, or a relevant NC Course at SCQF Level 6. A place on the course is subject to an interview process.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

7

SCQF Points

«SCQFPoints»

Progression Routes

2nd year entry to HND Coaching and Developing Sport or progression to employment.

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Dam Park
Ayr
KA8 0EU

Website

www1.ayrshire.ac.uk