

Fitness, Nutrition and Health

Abertay University

Content

This Fitness, Nutrition and Health programme will equip you with the skills and knowledge you need to develop solutions to meet these challenges head on, with teaching underpinned by research and practical work delivered in our state-of-the-art facilities.

This joint offering between the Schools of Social and Health Sciences and Science, Engineering and Technology draws on the core disciplines of physiology, psychology, biomechanics and nutrition, and provides built-in work placements designed to match your career interests.

Start Date

September

Qualification

Degree

Study Method

Full time

Award Title

BSc Hons

UCAS Code

B400

Course Length

4 years

Faculty

School of Science, Engineering and Technology

Department

Food and Drink

Entry Requirements

2020 entry requirements:

Standard entry: 4 Highers at ABBB including one from Maths, Biology, Chemistry, Physical Education or Physics plus English and Maths at National 5.

Widening access entry: 3 Highers at BBC including one from Maths, Biology, Chemistry, Physical Education or Physics plus English and Maths at National 5.

Entry to year two may be possible with 3 Advanced Highers at ABB including one from Maths, Biology, Chemistry, Physical Education or Physics

SCQF Level

10

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Website

www.abertay.ac.uk