

Rugby Performance (Level 6)

New College Lanarkshire

Venues

Broadwood Campus

Content

NQ Higher Rugby Performance provides the opportunity to train at the same venue as the BT Sport Scottish Rugby Academy for Glasgow and the West. It provides an excellent facility to develop your technical, tactical and specialist skills whilst also progressing your athletic development. Using the academic aspects of this course to develop knowledge and understanding of how you develop your rugby in a performance environment could be a great advantage to pursuing your rugby ambitions.

Units include:

Human Physiology; Nutrition; Health and Wellbeing; National Progression Award in Exercise and Fitness Leadership at level 6; Work experience; units to develop your coaching practice.

Start Date

August

Qualification

NQ

Study Method

Full time

Course Length

1 year

Department

Sport

Entry Requirements

3 subjects at National 5; Higher Physical Education would be an advantage; or NQ Rugby Performance (Level 5); or other relevant national qualifications at SCQF Level 5. Interview may be required. Personal Statement is required.

You would require a satisfactory PVG (Protecting Vulnerable Groups) check to show you are suitable for this type of course. Contact Disclosure Scotland for details.

SCQF Level

6

SCQF Points

«SCQFPoints»

Progression Routes

HNC in Coaching and Development Sport or HNC in Fitness Health and Exercise

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

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Cumbernauld
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Website

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