

Uniformed Public Services (Level 5)

West Lothian College

Content

You'll learn the skills, knowledge, and attitudes needed to thrive in roles like the police, army, Royal Marines, and more.

Get up close with professionals through guest talks, site visits, and engage in practical fitness activities in the college campus within our modern and well-equipped sport and fitness facilities.

The course includes:

Nutrition, health and wellbeing; Hillwalking; Map reading and land navigation; Orienteering; Citizenship through sport and fitness.

There is an emphasis on improving your personal fitness. You will also have the chance to do the Duke of Edinburgh Bronze Award.

Start Date

August

Qualification

Other

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

3 subjects at National 4 including English. Entry by interview, written test and fitness test.

Applicants must be able to commit to 1 week residential experience during the course.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

5

SCQF Points

«SCQFPoints»

Progression Routes

Fitness and Sports Development (Level 6) or other Level 6 courses at West Lothian College

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Almondvale Crescent
Livingston
West Lothian
EH54 7EP

Website

www.west-lothian.ac.uk