

## Uniformed Public Services (Level 5)

West Lothian College

### Content

The course includes:

Nutrition, health and wellbeing; Sports officiating; First aid; Hillwalking; Map reading; Orienteering; Citizenship.

There is an emphasis on improving your personal fitness. You will also have the chance to do the Duke of Edinburgh Bronze Award.

### Start Date

August

### Qualification

Other

### Study Method

Full time

### Course Length

1 year

### Department

Sport and Fitness

### Entry Requirements

3 subjects at National 4 including English. Entry by interview, written test and fitness test.

Applicants must be able to commit to 1 week residential experience during the course.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

### SCQF Level

5

### SCQF Points

«SCQFPoints»

### Progression Routes

Fitness and Sports Development (Level 6) or other Level 6 courses at West Lothian College

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Almondvale Crescent  
Livingston  
West Lothian  
EH54 7EP

## Website

[www.west-lothian.ac.uk](http://www.west-lothian.ac.uk)