

Uniformed Public Services (Level 5)

West Lothian College

Content

The course includes:

Nutrition, health and wellbeing; Sports officiating; First aid; Hillwalking; Map reading; Orienteering; Citizenship.

There is an emphasis on improving your personal fitness. You will also have the chance to do the Duke of Edinburgh Bronze Award.

Start Date

August

Qualification

Other

Study Method

Full time

Course Length

1 year

Department

Sport & Fitness

Entry Requirements

3 subjects at National 4 including English. Entry by interview, written test and fitness test. You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

5

Progression Routes

Fitness and Sports Development (Level 6) or other Level 6 courses at West Lothian College

Address

Almondvale Crescent

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West Lothian
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Website

www.west-lothian.ac.uk