Uniformed Public Services (Level 5)

West Lothian College

Content

This course is all about getting you ready for the real world of uniformed and emergency services. You'll build your employability skills through hands-on activities, team challenges, and investigations in real or simulated work environments.

Stay sharp with a focus on health, safety, fitness, and wellbeing, including physical training sessions.

Teamwork is at the heart of this field, so you'll explore what makes a great team, and tackle how external factors can impact success.

Units include:

Nutrition, health and wellbeing; Hillwalking; Map reading and land navigation; Orienteering; Citizenship through sport and fitness.

There is an emphasis on improving your personal fitness. You will also have the chance to do the Duke of Edinburgh Bronze Award.

Start Date

August

Qualification

Other

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

3 subjects at National 4 including English. Entry by interview, written test and fitness test.

Applicants must be able to commit to 1 week residential experience during the course.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

5

SCQF Points

«SCQFPoints»

Progression Routes

Fitness and Sports Development (Level 6) or other Level 6 courses at West Lothian College

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

Address

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