

## Coaching and Developing Sport

West Lothian College

### Content

This course is for students who want to work in coaching and sports development. The college has strong links with the community and have a partnership with Active Schools and Livingston Football Club to support volunteering and coaching opportunities.

The course includes:

PDA Sports Coaching; Anatomy, physiology and energy systems; Inclusive sports provision; Psychology of sports coaching. You can also do a first aid at work certificate.

### Start Date

August

### Qualification

HNC

### Study Method

Full time

### Course Length

1 year

### Department

Sport and Fitness

### Entry Requirements

2 Highers including English; NQ Personal Fitness Development (Level 6); or other relevant national qualifications. Entry by interview, written test and fitness test.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

### SCQF Level

7

### SCQF Points

«SCQFPoints»

## Progression Routes

Degree level courses in a sports discipline with 2nd or 3rd year entry

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Almondvale Crescent  
Livingston  
West Lothian  
EH54 7EP

## Website

[www.west-lothian.ac.uk](http://www.west-lothian.ac.uk)