

Coaching and Developing Sport

West Lothian College

Content

This course is for students who want to work in coaching and sports development. The college has strong links with the community and have a partnership with Active Schools and Livingston Football Club to support volunteering and coaching opportunities.

The course includes:

PDA Sports Coaching; Anatomy, physiology and energy systems; Inclusive sports provision; Psychology of sports coaching. You can also do a first aid at work certificate.

Start Date

August

Qualification

HNC

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

2 Highers including English; or NQ Personal Fitness Development (Level 6). Entry by interview, written test and fitness test.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

7

SCQF Points

«SCQFPoints»

Progression Routes

Degree level courses in a sports discipline with 2nd or 3rd year entry

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

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Website

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