

## Coaching and Developing Sport (2nd year entry)

City of Glasgow College

### Venues

City Campus

### Content

This course introduces and develops the skills and knowledge you'll need for a career in sports coaching. The principles of good coaching practice are examined and a wide practical and theoretical knowledge of games and sports is developed.

You'll be taught by experienced sports coaching staff with a proven track record of bringing out the best in their students.

You'll study: Psychology; Sports mechanics; Coaching Level 2; Nutrition; Current exercise trends; Assisting disability in sport.

### Start Date

August

### Qualification

HND

### Study Method

Full time

### Course Length

1 year

### Department

Sport and Fitness

### Entry Requirements

HNC Coaching and Developing Sport with 15 credits. Interview.

### SCQF Level

8

### SCQF Points

«SCQFPoints»

## Progression Routes

A relevant degree at a Scottish University

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

City Campus  
190 Cathedral Street  
Glasgow  
G4 0RF

## Website

[www.cityofglasgowcollege.ac.uk](http://www.cityofglasgowcollege.ac.uk)