

Sports Coaching and Development (2nd year entry)

City of Glasgow College

Venues

City Campus

Content

This course introduces and develops the skills and knowledge you'll need for a career in sports coaching. The principles of good coaching practice are examined and a wide practical and theoretical knowledge of games and sports is developed.

You'll be taught by experienced sports coaching staff with a proven track record of bringing out the best in their students.

You'll study:

Psychology; Sports Development; Knowing Coaching; Knowing Others; Knowing Yourself; Strength and Conditioning; Graded unit; Current exercise trends; Physical Preparation for Sport.

Start Date

August

Qualification

HND

Study Method

Full time

Course Length

1 year

Department

Sport, Fitness and Sports Therapy

Entry Requirements

HNC Sports Development and Coaching with 15 credits. Interview.

SCQF Level

8

SCQF Points

«SCQFPoints»

Progression Routes

A relevant degree at a Scottish University

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

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