

## Counselling for Beginners (Level 6)

Edinburgh College

### Venues

Sighthill Campus

### Content

Counselling for Beginners is appropriate for adults aged 18 and over seeking to develop a career in counselling. It is also suitable for those interested in gaining counselling skills and knowledge for other related fields, health and social care, education, guidance and mentoring, peer support and community work.

Counselling for Beginners is a prerequisite requirement for everyone wishing to apply for Edinburgh College's HNC in Counselling.

The course aims to teach you skills to be with people in a listening role, develop your self-awareness and understand the theoretical underpinnings of counselling approaches. The course includes a combination of lectures, reading, written work, group exercises and applied skills practices.

### Start Date

August, January

### Qualification

Other

### Study Method

Part time (evening)

### Course Length

18 weeks

### Department

Health Professions and Social Services

### Entry Requirements

No formal entry requirements. You must be able to manage the emotional demands of the course and have the ability to participate in testing experiential exercises.

### SCQF Level

6

## SCQF Points

«SCQFPoints»

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

«Address»

## Website

www.edinburghcollege.ac.uk