Sport and Exercise (leading to named routes)

Abertay University

Content

Become an in-demand sport and exercise specialist on this hands-on, wide-ranging degree.

Join Scotland's top modern university for Sports Science. You'll cover a wide range of topics from scientific support and coaching to duty of care and community development. You'll gain practical experience in our bespoke physiology and biomechanics laboratories.

Built-in work placements add to your CV, helping you apply your knowledge to real-life work situations. Improve your job prospects by working towards National Governing Body and/or industry qualifications. You'll graduate with valuable skills and expertise, ready to start a successful career in this growing job sector.

For the first two years, everyone takes the same foundation in Sport and Exercise regardless of their final specialisation. At the end of your second year of study, you can either choose to remain on BSc (Hons) Sport and Exercise or switch to one of the other specialist degrees, including:

BSc (Hons) Sport and Exercise Science; BSc (Hons) Physical Activity and Health; BSc (Hons) Sports Development and Coaching; BSc (Hons) Strength and Conditioning.

Start Date

September

Qualification

Degree

Study Method

Full time

Award Title

BSc Hons

UCAS Code

C600

Course Length

4 years

Faculty

Faculty of Social and Applied Sciences

Department

Health, Sport and Wellbeing

Entry Requirements

2027 entry requirements

Standard entry: 4 Highers at BBBC including one from Maths, Biology, Chemistry, Physics or Physical Education plus English and Maths or Applications of Maths at National 5.

Widening access entry: 3 Highers at BBC including one from Maths, Biology, Chemistry, Physics or Physical Education plus English and Maths or Applications of Maths at National 5.

For entry to second year, you must have 3 Advanced Highers at ABB including Physical Education and Biology, Chemistry or Physics.

SCQF Level

10

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

Address

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Website

www.abertay.ac.uk