

## Sport and Exercise (leading to named routes)

Abertay University

### Content

Gain a deeper understanding of the sciences that underpin sport, and discover how the body responds to sport by exploring topics including physiology, psychology and biomechanics, as well as social policy, psychology and sport development.

You can choose from a range of study programmes that address the physiology and psychology of performance, the science of training practices, the development and social impact of sport and exercise, for example on health and wellbeing, and the evaluation and analysis of sports performance. This degree provides you with an ability to translate theory to practice, and the opportunity to gain relevant employment experience within the industry, while still providing you with the flexibility to follow your own interests.

### Start Date

September

### Qualification

Degree

### Study Method

Full time

### Award Title

BSc Hons

### UCAS Code

C600

### Course Length

4 years

### Faculty

School of Applied Sciences

### Department

Sport and Exercise Sciences

### Entry Requirements

## 2024 entry requirements

Standard entry: 4 Highers at BBBB including one from Maths, Biology, Chemistry, Physics or Physical Education plus Maths or Applications of Maths at National 5.

Widening access entry: 3 Highers at BBC including one from Maths, Biology, Chemistry, Physics or Physical Education at B plus Maths or Applications of Maths at National 5.

For entry to second year, you must have 3 Advanced Highers at ABB including Physical Education and Biology, Chemistry or Physics.

## SCQF Level

10

## Progression Routes

«ProgressionRoutes»

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

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Dundee  
DD1 1HG

## Website

[www.abertay.ac.uk](http://www.abertay.ac.uk)