

Sport and Exercise (leading to named routes)

Abertay University

Content

Gain a deeper understanding of the sciences that underpin sport, and discover how the body responds to sport by exploring topics including physiology, psychology and biomechanics, as well as social policy, psychology and sport development.

You can choose from a range of study programmes that address the physiology and psychology of performance, the science of training practices, the development and social impact of sport and exercise, for example on health and wellbeing, and the evaluation and analysis of sports performance. This degree provides you with an ability to translate theory to practice, and the opportunity to gain relevant employment experience within the industry, while still providing you with the flexibility to follow your own interests.

Start Date

September

Qualification

Degree

Study Method

Full time

Award Title

BSc Hons

UCAS Code

C600

Course Length

4 years

Entry Requirements

2023 entry requirements:

Standard entry: 4 Highers at ABBB including one from Maths, Biology, Chemistry, Physics or Physical Education plus Maths or Applications of Maths at National 5.

Widening access entry: 3 Highers at BBC including one from Maths, Biology, Chemistry, Physics or Physical Education at B plus Maths or Applications of Maths at National 5.

For entry to second year, you must have 3 Advanced Highers at ABB including Physical Education and Biology, Chemistry or

Physics.

SCQF Level

10

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

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Website

www.abertay.ac.uk