

Pathway to Sports Coaching

Forth Valley College

Venues

Falkirk Campus

Content

This course aims to provide the foundations for future employment in the sports coaching and development sector occupations, or further progression to related higher education courses. This course can also prepare students for future progression onto HN study within Sports Coaching or Fitness, Health and Exercise. It also aims to develop an awareness of a range of team and individual activities and includes the opportunity to develop personal expertise.

Learners will be required to provide relevant items of equipment and clothing.

Content:

Sports Participation and Performance; Sports Organisation and Officiating; Coaching Development; Exercise & Fitness Studies; Core skills; First aid; Event organisation; Volunteering opportunities; Human Anatomy & Physiology; Nutrition for Sport and Fitness.

Start Date

August

Qualification

NQ

Study Method

Full time

Course Length

1 year

Department

Sport

Entry Requirements

3 subjects at National 5, preferably English, Physical Education and a science subject; or successful completion of NC Sport and Fitness; or other relevant national qualifications at SCQF Level 5. Interview and a group based practical assessment.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

6

SCQF Points

«SCQFPoints»

Progression Routes

HND Sports Coaching & Development or HNC Fitness Health and Exercise.

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Grangemouth Road
Falkirk
FK2 9AD

Website

www.forthvalley.ac.uk