

## Pathway to Sports Coaching (Level 6)

Forth Valley College

### Venues

Falkirk Campus

### Content

This course aims to provide the foundations for future employment in the sports coaching and development sector occupations, or further progression to related higher education courses. This course can also prepare students for future progression onto HN study within Sports Coaching or Fitness, Health and Exercise.

It also aims to develop an awareness of a range of team and individual activities and includes the opportunity to develop personal expertise.

Learners will be required to provide relevant items of equipment and clothing.

Content:

Sports Participation and Performance; Sports Organisation and Officiating; Coaching Development; Cardiovascular Training; Communication; First aid; Event organisation; Work Placement; Human Anatomy & Physiology; Nutrition, Health and Wellbeing.

### Start Date

August

### Qualification

NQ

### Study Method

Full time

### Course Length

1 year

### Department

Sport

### Entry Requirements

3 subjects at National 5, preferably English, Physical Education and a science subject; or NQ Sport and Fitness (Level 5); or other relevant national qualifications at SCQF Level 5. Interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

## SCQF Level

6

## SCQF Points

«SCQFPoints»

## Progression Routes

HNC Sports Coaching & Development or HNC Fitness Health and Exercise.

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Grangemouth Road  
Falkirk  
FK2 9AD

## Website

www.forthvalley.ac.uk