

## Physical Activity and Health

Edinburgh Napier University

### Venues

Sighthill Campus

### Content

The NHS is overrun with the diseases that are all around us, but what if they could be effectively managed or prevented? Our course on physical activity and health has been developed to teach our students how physical activity and exercise can help to combat some of the most common diseases that we are faced with in our day-to-day lives.

We have developed this course with a multidisciplinary approach to help you develop your knowledge and practical skills for a successful career in industry, health, education or pursue postgraduate research.

### Start Date

September

### Qualification

Degree

### Study Method

Full time

### Award Title

BSc Hons

### UCAS Code

C6C8

### Course Length

4 years

### Department

Sport and Exercise Sciences

### Entry Requirements

2020 entry requirements

Standard entry:

4 Highers at BBBC including a science subject plus English and Maths at National 5. Higher Physical Education will be accepted instead of a science subject if studied alongside Higher Maths.

Widening access entry:

4 Highers at BCCC including a science subject at B plus English and Maths at National 5. Higher Physical Education will be accepted instead of a science subject if studied alongside Higher Maths.

**SCQF Level**

10

**Website**

[www.napier.ac.uk](http://www.napier.ac.uk)