

Access to HNC Coaching and Developing Sport

Edinburgh College

Venues

Granton Campus

Content

This course is designed to enhance your knowledge of sports coaching and is a direct route into further study HNC/D level. Access to HND Coaching and Developing Sport is a yearlong and full-time course based around a National Progression Award (NPA). This course will develop your confidence and enhance your personal leadership and transferable skills; preparing you for further education and rewarding career in the sports and fitness industry.

There will be a considerable focus on practical participation in a range of sports and physical activities in order to enhance and compliment your existing performance and coaching abilities. This will be supported by a reasonably challenging level of classroom work in order to develop knowledge and understanding of the industry. To succeed in this course you should have a keen interest in sports, leading activities or coaching and be regularly participating in sports and physical activities.

Content:

Introduce you to the concept of sports development; Examine resources required for a specific project; Gain both practical experience and theoretical knowledge across a number of indoor and outdoor sporting activities; An understanding of how the body works and adapts to the effects of exercise; The basic theory and application of sports coaching; How to improve fitness; Develop your communication and organisation skills.

Start Date

August

Qualification

Other

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

3 subjects at National 5, preferably including English and a science subject. National 4 Biology an advantage; or relevant national qualifications at SCQF Level 5. Interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

6

SCQF Points

«SCQFPoints»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

«Address»

Website

www.edinburghcollege.ac.uk