

Sports Coaching

City of Glasgow College

Venues

City Campus

Content

This course will introduce and develop the skills and knowledge you'll need for sports coaching. The principles of good coaching practice are examined. A wide practical and theoretical knowledge of games and sports is developed alongside knowledge of fitness training methods.

You'll lead practical coaching sessions with young people in college and schools. An Enhanced Disclosure Scotland check will require to be successfully completed before you do this. You'll also have the opportunity to qualify for sports coaching awards from national governing bodies.

You'll study:

Sporting Activities, eg Basketball, Badminton, or Volleyball; NPA Exercise and Fitness; NPA Sport and Fitness; Coaching and Development; Sport and Recreation; Developing Volunteering.

Start Date

August

Qualification

NQ

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

3 subjects at National 5 including English and Physical Education, or relevant national qualifications at SCQF Level 5. Interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

6

SCQF Points

«SCQFPoints»

Progression Routes

Relevant HNC/HND course.

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

City Campus
190 Cathedral Street
Glasgow
G4 0RF

Website

www.cityofglasgowcollege.ac.uk