

## Introduction to Counselling (NQ Unit)

West Lothian College

### Content

Candidates will be introduced to basic concepts in counselling and will gain an awareness of basic practical counselling skills within a Person-Centred counselling model.

Tuesday - 6.00pm - 9.00pm

### Start Date

March

### Qualification

Other

### Study Method

Part time (evening)

### Course Length

12 weeks

### Department

Counselling

### Entry Requirements

No formal entry requirements.

### SCQF Level

5

### Cost

£115.00 per block

### Progression Routes

Cosca counselling course

### Address

Almondvale Crescent

Livingston  
West Lothian  
EH54 7EP

## Website

[www.west-lothian.ac.uk](http://www.west-lothian.ac.uk)