Sport Studies (Level 6)

UHI Inverness

Venues

Inverness Campus

Content

This course will develop your knowledge and understanding of the sport and leisure industry, It particularly suits people who are already participating in sport.

The course is built around three National Progression Awards (NPAs) - Sport Development; Exercise and Fitness Leadership; and Organising Volunteering Events in Sport.

You will study practical units including badminton and basketball, and develop your underpinning knowledge in nutrition, health and safety, anatomy and physiology. You will gain confidence in planning and leading practical group exercise and coaching sessions. This course is aimed at people who want to progress further in coaching or personal training.

Start Date

August

Qualification

Other

Study Method

Full time

Course Length

1 year

Department

Sports, Adventure and Tourism

Entry Requirements

3 subjects at National 5; or relevant national qualifications at SCQF Level 5.

SCQF Level

6

SCQF Points

«SCQFPoints»

Progression Routes

Relevant HNC, HND or degree course.

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

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