

## Adventure Performance and Coaching

West Highland College UHI

### Venues

Fort William Campus  
Virtual Learning Environment (VLE)

### Content

Grounded in sport and exercise science and coaching and leadership, this degree brings together theory and practice to develop your professional skills and academic knowledge to help you excel in the growing global adventure industry.

You will learn and apply knowledge in: outdoor skills; performance and safety; sports and exercise psychology and physiology; leadership and coaching; science research skills and practice – all underpinned by a growing and deepening understanding of the meaning of "Adventure".

You will be based in Lochaber, the 'Outdoor Capital of the UK', one of the finest UK locations for adventure tourism. The natural heritage, culture and landscapes of the West Highlands, and its coasts and islands create our playground, with world-renowned rivers flowing from some of Scotland's greatest mountains to the sea.

### Start Date

September

### Qualification

Degree

### Study Method

Full time

### Award Title

BA Hons

### UCAS Code

N875

### Course Length

4 years

### Department

Arts, Humanities and Social Sciences

## Entry Requirements

3 Highers at C or above. You will also be expected to be able to demonstrate an interest in, and a commitment to practical outdoor activities, and preferably have an interest in a professional career in the outdoor sector. Personal practical outdoor experience is an advantage.

You would require a satisfactory PVG (Protecting Vulnerable Groups) check to show you are suitable for this type of course. Contact Disclosure Scotland for details.

## SCQF Level

10

## Website

[www.whc.uhi.ac.uk](http://www.whc.uhi.ac.uk)