

## Sports Science (Sports Performance)

Ayrshire College

### Venues

Kilmarnock Campus

### Content

If you'd like to work in sport or exercise developing sports performance this is the course for you. You will work with elite sports performers and cover all the key aspects of sports and exercise science, including sport psychology, sport biomechanics and how to support talented athletes. This course will have a strong practical element where you will gain valuable work experience.

On successful completion, you'll meet the required industry standard to become REPS (Register of Exercise Professionals) Level 2 accredited, effectively providing you with the correct qualification for working within any gym/exercise facility.

### Start Date

August

### Qualification

HNC

### Study Method

Full time

### Course Length

1 year

### Department

Sport and Fitness

### Entry Requirements

2 Highers; or NC Advanced Sports and Fitness (Level 6); or other relevant national qualifications at SCQF Level 6. Entry subject to interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

### SCQF Level

7

## SCQF Points

«SCQFPoints»

## Progression Routes

Progression to HND Applied Sports and Exercise or employment.

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Dam Park  
Ayr  
KA8 0EU

## Website

[www1.ayrshire.ac.uk](http://www1.ayrshire.ac.uk)