

Lifeskills (Level 2)

Dumfries and Galloway College

Venues

Dumfries Campus
Stranraer Campus

Content

If you would like a supported learning environment to enable you to reach your full potential this programme may be the perfect platform for you.

You will be learning through four main themes; Home Life, Health and Wellbeing, Citizenship, and Employment.

You'll be learning and developing skills through topics such as:

Eco-Awareness, where you learn about re-cycling and sustainability; How to look after your health, such as planning and preparing nutritious food and looking after your wellbeing; Independent living skills including communication and financial awareness; Exploring what physical activity you enjoy, planning and taking part in a range of activities suitable for you, including outdoor activities; Developing positive social relationships; Travel in the community; Fundraising; Investigating Media products; Exploring the workplace; Employment skills

Start Date

August

Qualification

NQ

Study Method

Full time

Course Length

1 year

Department

Life Skills, Employability and Pathways

Entry Requirements

You will have already attained some SQA level 2 qualifications and demonstrated ability to work consistently at this level.

You will take part in a discussion with a member of our team to determine the suitability of the course for you.

SCQF Level

2

SCQF Points

«SCQFPoints»

Progression Routes

Transition and progress to other College courses.

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Dumfries Campus
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Website

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