

Sports Coaching

Glasgow Clyde College

Venues

Cardonald Campus

Content

The course consists of Level 5 and 6 units which cover a range of practical and theoretical sports related units. Units can include: Human Physiology; Circuit Training; Athletics; Basic Sports Coaching Techniques; Basketball; Badminton; Football.

A programme of team building and leadership skills is undertaken along with Level 6 Communications, Level 5 Information Technology, First Aid certificate and national governing body sports awards.

Start Date

August

Qualification

NQ

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

3 relevant subjects at National 5 including English, or NQ Sport and Fitness (Level 5) or other relevant national qualifications at SCQF level 5. Entry is by interview, written test and references.

SCQF Level

6

Progression Routes

HND Coaching and Developing Sport; HND Fitness, Health and Exercise

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