

Fitness, Health and Exercise

Edinburgh College

Venues

Granton Campus
Milton Road Campus

Content

This innovative course is a steppingstone towards a rewarding career in the sport and fitness industry. Edinburgh College has vital industry connections and there will be opportunities to gain valuable experience working with local partner groups across a range of businesses. In addition to the group award, you can achieve qualifications at Register of Exercise Professionals (REPs) Level 2 or 3; offering direct employment opportunities.

This course is designed to develop your personal learning skills and ability to work independently. You will study topics such as anatomy and exercise physiology; teaching gym and exercise to music; current exercise trends; strength and conditioning; setting up your own business. The course will provide you with specialist links to National Occupational Standards (NOS) and related professional bodies. This course would suit school leavers or adults returning to education as well as those working in the leisure industry and looking to gain more formal qualifications or a career change.

Start Date

August

Qualification

HND

Study Method

Full time

Course Length

2 years

Department

Sport and Fitness

Entry Requirements

2 Highers; English and a science subject preferred; or relevant national qualifications at SCQF Level 6. Interview. Practical and written test.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

8

SCQF Points

«SCQFPoints»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

«Address»

Website

www.edinburghcollege.ac.uk