

## Coaching and Developing Sport

Fife College

### Venues

Kirkcaldy (St Brycedale) Campus

### Content

Following on from the HNC Coaching and Developing Sport, this course is designed to continue to develop and support your pursuit of a career within sports coaching and sports development. You must have passed HNC Coaching and Developing Sport in order to be enrolled on this course.

Core units:

Fitness conditioning in sport; Sports mechanics; Improving coaching in sport; Coaching of sports performance development; Sports development and research; Coaching and development sport: graded units 2 and 3.

Optional units:

Nutrition for fitness, health and exercise; Strength and conditioning for sports performance; Psychology of sports performance; Inclusive sport coaching; Managing a sport or fitness related event; Managing volunteers.

### Start Date

August

### Qualification

HND

### Study Method

Full time

### Course Length

1 year

### Department

Sport and Fitness

### Entry Requirements

HNC Coaching and Developing Sport. Interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

## SCQF Level

8

## SCQF Points

«SCQFPoints»

## Progression Routes

Relevant degree course

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Pittsburgh Road  
Dunfermline  
KY11 8DY

## Website

[www.fife.ac.uk](http://www.fife.ac.uk)