Sport and Fitness Activity Leadership

Edinburgh College

Venues

Granton Campus

Content

Sports Activity Leadership is a stepping stone towards a rewarding career in sports coaching or the leisure industry. This course is designed to develop the essential knowledge and practical skills you will need to lead sporting activities. Edinburgh College has vital industry connections and you will spend three days a week on work placement gaining valuable practical experience in the industry; putting your leadership skills into practice. To succeed in this course you will need to have a good level of communication, an active interest in sport, fitness, working with children and be physically fit.

Content: Leading sports and physical activities; Sports officiating; Coaching experience; Child protection; Participation in games and sports such as: volleyball, rugby, hockey, football, basketball, badminton and mini tennis; Level 2 sports leadership; Resistance training; Human physiology; Health and wellbeing; Entry level coaching awards in tennis; Communication; ICT; Numeracy.

Start Date

August

Qualification

Other

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

3 relevant subjects at National 4, preferably including English. Interview. Practical test.

SCQF Level

5

SCQF Points

«SCQFPoints»

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

Address

«Address»

Website

www.edinburghcollege.ac.uk