

Coaching and Developing Sport

Dumfries and Galloway College

Venues

Dumfries Campus

Content

This course will introduce the skills and knowledge you will need for a career in sports coaching and/or sports development. Together we will examine the principles of good coaching practice, as well as developing your practical and theoretical knowledge of coaching and sports development.

The course may include: Sports Coaching Theory and Practice; Anatomy, Physiology and Energy Systems; Coaching of Sports; Sports Development; Work Placement; Assisting with Sport Events; Strength and Conditioning; Coaching Children.

The course content is subject to change.

Start Date

August

Qualification

HNC

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

2 Highers, or NQ Sport and Fitness (Level 6), or other relevant national qualifications at SCQF Level 6. Interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

7

SCQF Points

«SCQFPoints»

Progression Routes

Year 2 of HND Coaching and Developing Sport.

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Dumfries Campus
Bankend Road
Dumfries
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Website

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