

Soft Tissue Therapy

Edinburgh College

Venues

Granton Campus
Sighthill Campus

Content

If you want to work with sportspeople in the rehabilitation of injuries this is the ideal course for you.

This is a one-year practical course that includes a strong theoretical component. Providing you with an industry-recognised qualification, this course develops the knowledge and skills required for you to work as a Soft Tissue Therapist delivering clinical sports massage treatments.

What you will learn:

This course offers the opportunity to be competent in a variety of relevant techniques and the understanding needed for safe practice.

You will learn how to use various modalities to treat the soft tissues of clients from a wide range of ages and abilities who might participate in recreational levels of activity through to elite-level performance.

The topics covered include:

Anatomy and Physiology; Clinical Sports Massage; Prevention and Management of Sports Injuries
Professional Standards.

Start Date

August

Qualification

HNC

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

2 Highers, preferably English and a science subject; or relevant national qualifications at SCQF Level 6. Interview. Practical and written test.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

7

SCQF Points

«SCQFPoints»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

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Website

www.edinburghcollege.ac.uk