Introduction to Sport and Fitness (Level 4)

Dundee and Angus College

Venues

Gardyne Campus

Content

Throughout this course learners are given the opportunity to build a wide range of vocational skills whilst boosting confidence and enhancing practical performance. SQA units will be delivered in a range of areas in sports performance and participation, outdoor pursuits (campus specific), fitness, coaching and officiating plus communication and meta-skills integrated within units.

Learners will have the opportunity to work with a host of external partners through placement opportunities within the course.

Start Date

August

Qualification

Other

Study Method

Full time

Course Length

1 year

Department

Sport, Fitness and Uniformed Services

Entry Requirements

Suitable for a range of learners including school leavers or individuals with limited qualifications who wish to start their journey within Sports and Fitness. Entry subject to interview, practical assessment and personal statement. Reference may be required.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need

SCQF Level

4

SCQF Points

«SCQFPoints»

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

Address

«Address»

Website

www.dundeeandangus.ac.uk