

# Coaching and Developing Sport

Dumfries and Galloway College

## Venues

Dumfries Campus

## Content

This course will further develop the skills and knowledge you will need for a career in sports coaching and/or sports development. You will examine the principles of good coaching practice, as well as developing your practical and theoretical knowledge of coaching and sports development.

The course may include the following units: Fitness Conditioning in Sport; Sports Mechanics; Improving Coaching in Sport; Coaching of Sports Performance Development; Sports Development and Research; Psychology of Sports Coaching.

## Start Date

August

## Qualification

HND

## Study Method

Full time

## Course Length

1 year

## Department

Sport and Fitness

## Entry Requirements

HNC Coaching and Developing Sport. Interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

## SCQF Level

8

## SCQF Points

«SCQFPoints»

## Progression Routes

Degree level study

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Dumfries Campus  
Bankend Road  
Dumfries  
DG1 4FD

## Website

www.dumgal.ac.uk