

Coaching and Developing Sport

Dumfries and Galloway College

Venues

Dumfries Campus

Content

This course will further develop the skills and knowledge you will need for a career in sports coaching and/or sports development. You will examine the principles of good coaching practice, as well as developing your practical and theoretical knowledge of coaching and sports development.

The course may include the following units: Fitness Conditioning in Sport; Sports Mechanics; Improving Coaching in Sport; Coaching of Sports Performance Development; Sports Development and Research; Psychology of Sports Coaching.

Start Date

August

Qualification

HND

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

HNC Coaching and Developing Sport. Interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

8

SCQF Points

«SCQFPoints»

Progression Routes

Degree level study

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

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Website

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