

## Exercise and Health Science with Industrial Placement

University of Aberdeen

### Venues

Old Aberdeen Campus

### Content

In year 1 you will take courses in Sports Science, Medical Science and Psychology or Chemistry.

Additional courses are selected from the science programme and other areas.

In year 2, further expansion of Sports Science and development of Exercise and Health studies are provided. These are combined with more advanced studies in Physiology and Psychology or Biochemistry, and courses delivering key skills applicable to Sports Studies.

Year 3 covers Sports Science, Clinical Exercise Physiology and Sports Psychology form important components of year 3, including more specific studies in Anatomy, together with health-related issues including Nutrition, Health and Disease.

Year 4 comprises focused studies on Exercise and Health, the Science of Ageing and Nutrition, obesity and Metabolic Health. An important feature is the ten-week research project, carried out in research laboratories at the University or in local research institutes. If you choose to follow the five year MSci course, your fourth year will be spent on (paid) placement.

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### Start Date

September

### Qualification

Degree

### Study Method

Full time

### Award Title

MSci

### UCAS Code

C601

## Course Length

5 years

## Faculty

Life Sciences and Medicine

## Department

Medicine, Medical Sciences and Nutrition

## Entry Requirements

2025 entry requirements

4 Highers at AAAB (by end of S5) including 2 maths or science subjects by end S6 plus English, Maths and Chemistry or Physics at National 5.

For second year entry you would require the above plus 3 Advanced Highers at AAB including Biology and another maths or science subject at AB or BA.

## SCQF Level

11

## Progression Routes

«ProgressionRoutes»

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

King's College  
Aberdeen  
Aberdeen City  
AB24 3FX

## Website

[www.abdn.ac.uk](http://www.abdn.ac.uk)