

Exercise and Health Science with Industrial Placement

University of Aberdeen

Venues

Old Aberdeen Campus

Content

In year 1 you will take courses in Sports Science, Medical Science and Psychology or Chemistry.

Additional courses are selected from the science programme and other areas.

In year 2, further expansion of Sports Science and development of Exercise and Health studies are provided. These are combined with more advanced studies in Physiology and Psychology or Biochemistry, and courses delivering key skills applicable to Sports Studies.

Year 3 covers Sports Science, Clinical Exercise Physiology and Sports Psychology form important components of year 3, including more specific studies in Anatomy, together with health-related issues including Nutrition, Health and Disease.

Year 4 comprises focused studies on Exercise and Health, the Science of Ageing and Nutrition, obesity and Metabolic Health. An important feature is the ten-week research project, carried out in research laboratories at the University or in local research institutes. If you choose to follow the five year MSci course, your fourth year will be spent on (paid) placement.

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Start Date

September

Qualification

Degree

Study Method

Full time

Award Title

MSci

UCAS Code

C601

Course Length

5 years

Faculty

Life Sciences and Medicine

Department

Medicine, Medical Sciences and Nutrition

Entry Requirements

2021 entry requirements:

4 Highers at AAAB (first sitting) or 5 Highers at AAAAB (two sittings) including Biology and Chemistry plus English, Maths and Chemistry or Physics at National 5.

For advanced entry to year 2, you would require 3 Advanced Highers at AAB including Biology and Chemistry.

SCQF Level

10

Address

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Website

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