

Psychology and Counselling

Abertay University

Content

Combine your understanding of human behaviour with strong counselling skills. Learn why people behave the way they do. How research helps us to understand human behaviour and the approaches and methods used in counselling practice.

You'll develop an understanding of human behaviour and combine it with a knowledge of mental health and counselling skills on this British Psychological Society (BPS) accredited degree.

Psychology is the scientific study of behaviour and mental processes, and the relation between the two. Using contemporary research, we will give you a scientific understanding of mind, brain, behaviour and experience and the complex interactions between them. You'll explore how we act and interact as individuals and in groups, and the thoughts and feelings that motivate behaviour.

Start Date

September

Qualification

Degree

Study Method

Full time

Award Title

BSc Hons

UCAS Code

C843

Course Length

4 years

Faculty

Faculty of Social and Applied Sciences

Department

Sociological and Psychological Sciences

Entry Requirements

2026 entry requirements

Standard entry: 4 Highers at BBBC plus English and Maths at National 5 (Applications of Maths at B accepted).

Widening access entry: 3 Highers at BBC plus English and Maths at National 5 (Applications of Maths at B accepted).

SCQF Level

10

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

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Website

www.abertay.ac.uk