

Counselling

Abertay University

Content

From the outset you're engaged in skills learning, as the first year of this MSc introduces you to counselling and practical training in the application of helping interventions. This foundation year provides counselling skills, and the experience you need to undertake a practice placement.

The subsequent two years involve a fascinating combination of teaching in theory, research, practice and professional issues, and self-development, all of which are designed to be directly linked to practice placement.

Additionally, you'll have the opportunity to take part in workshops to introduce and develop your understanding of mental health issues, such as depression and anxiety, addictions, and eating disorders, along with specific approaches such as solution-focussed therapies and mindfulness.

In combination with the one day a week attendance on campus, in years two and three you'll take a placement as a counsellor – an essential part of your professional training.

This programme includes three exit points, these are:

End of year 1: Postgraduate Certificate in Counselling Skills

End of year 2: Postgraduate Diploma in Counselling Studies

End of year 3: Masters (MSc) in Counselling.

Start Date

September

Qualification

Postgraduate Master's

Study Method

Part time (day release)

Award Title

MSc

Course Length

3 years

Faculty

Graduate School

Entry Requirements

An undergraduate degree (2.2 or better in any subject) which may be supplemented with professional experience and evidence of ability to study at postgraduate level. Interest in counselling as a profession or career/personal enhancement. Some experience in helping professionally or voluntarily. Two references (personal and professional).

All applicants will be interviewed as part of the selection process. You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

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Address

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Website

www.abertay.ac.uk