

# Food, Nutrition and Health

Abertay University

## Content

Turn your passion for food, nutrition and health into a career. Learn how food impacts on our wellbeing and health and explore the links between nutrition and public health. Gain an in-depth understanding of the relationship between food, diet and nutrition.

Discover how food impacts on wellbeing and health, exploring the links between nutrition and public health including:

The nutritional function of foods; How nutrients work in the body and how they impact our health; The link between nutrition and public health; How to develop strategies to improve food habits; How to adjust diet to different clinical conditions; What drives consumer eating habits and behaviours.

## Start Date

September

## Qualification

Degree

## Study Method

Full time

## Award Title

BSc Hons

## UCAS Code

BD46

## Course Length

4 years

## Faculty

Faculty of Social and Applied Sciences

## Department

Built Environment and Life Sciences

## Entry Requirements

2026 entry requirements

Standard entry: 4 Highers at BBBC plus English and Maths or Applications of Maths at National 5.

Widening access entry: 3 Highers at BBC plus English and Maths or Applications of Maths at National 5.

For entry to second year, you must have 3 Advanced Highers at BBB including Biology or Chemistry and Health and Food Technology.

## SCQF Level

10

## Progression Routes

«ProgressionRoutes»

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

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Dundee  
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## Website

www.abertay.ac.uk