

Food, Nutrition and Health

Abertay University

Content

Embark on a fascinating journey to learn how food impacts wellbeing and health, and explore the link between nutrition and public health. Understand consumer food behaviour and develop strategies to improve food habits.

This degree is vocationally relevant and combines academic theory with practical skills in our newly refurbished laboratories.

This programme helps you develop an in-depth understanding of the relationship between food, diet and nutrition and their impact on the wellbeing of the individual. It will enable you appreciate the link between nutrition and public health and you will learn how to develop nutritional strategies to improve the health of the individual or the community.

Start Date

September

Qualification

Degree

Study Method

Full time

Award Title

BSc Hons

UCAS Code

BD46

Course Length

4 years

Faculty

School of Applied Science

Department

Food and Drink

Entry Requirements

2022 entry requirements:

Standard entry: 4 Highers at BBBB plus Maths at National 5.

Widening access entry: 3 Highers at BBC plus Maths at National 5.

For entry to second year, you must have 3 Advanced Highers at BBB including Biology or Chemistry and Health and Food Technology.

SCQF Level

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Address

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Website

www.abertay.ac.uk